

## OBJECTIVE

With over eight years teaching yoga and leading teacher trainings, I am looking to utilize my expertise in client community management, content marketing and passion for the yoga practice to engage with new audiences on a scalable yoga platform.

## EDUCATION & CERTIFICATION

### Bachelor of Science

UCLA  
Microbiology, Immunology  
and Molecular Genetics

- Minor in English
- Graduated Magna Cum Laude & Phi Beta Kappa
- GPA 3.9

June 2007

### Vinyasa Teacher Training (200RYT)

Yoga Salt, Tamal Dodge,  
Culver City, CA  
January 2016

### AIR Master Teacher Training (100hrs)

AIR Aerial Fitness,  
Los Angeles, CA  
April 2014

### Hot Fusion Teacher Training (100RYT)

Mukti Yoga School,  
Haute Yogi  
Manhattan Beach, CA  
September 2014

### Bikram Yoga Teacher (500 hrs)

Bikram's Yoga College of  
India, San Diego, CA  
September 2010

## SKILLS

- Email Marketing and Automation
- Social Media Marketing
- Content Marketing
- Microsoft Office
- HTML + CSS
- Writing
- Mindbody Online
- Scheduling
- Event Organizing

## WORK EXPERIENCE

### Yoga Teacher

Rise Hot Yoga, Silverlake, CA 2010 - Present

- Rated one of the top 30 yoga instructors in LA by Rate Your Burn
- Built the Vinyasa program at a formerly all Bikram yoga studio
- Teach ~12 Bikram and Vinyasa classes a week

FABLETICS, El Segundo, CA 2014 - Present

- Published several articles on company website about yoga and aerial yoga including my most recent blog: <http://blog.fabletics.com/2018/05/blog-stretch-your-way-through-festival-season-with-whittydancer/>
- Modeled as Fabletics Master (clothing ambassador)
- Worked as Senior Yoga Consultant to ensure top talent had proper form in yoga poses for commercial photo shoot

Goldenvoice, COACHELLA Music Festival 2012 - Present

- Continue to act as Lead Yoga Instructor and event organizer for over 600+ students per day at the festival campground

Haute Yogi Manhattan Beach, Manhattan Beach, CA 2013 - Present

- Created an aerial yoga program at the studio, including management of construction, rigging, studio design, aerial equipment and instruction
- Instruct Bikram, Vinyasa and Aerial Yoga workshops and classes

Yoga Salt, Culver City, CA 2016 - Present

- Sub All Levels Vinyasa Classes for some of the most popular teachers in Los Angeles

Mind, Body & Soul Yoga, Playa Vista, CA 2016 - Present

- Taught and Sub Vinyasa Flow and Power Vinyasa classes

### Aerial Instructor

AIR Aerial Fitness 2014 - Present

- Developed and currently lead aerial yoga teacher trainings for the West coast franchise locations including: California, Alaska and Colorado
- Serve as on-site acting studio and teacher manager for new location openings

Le Studio- "Le Petite Cirque" 2013 - Present

- Began my own adult aerial program, using MailChimp to grow clientele, keep them informed and send surveys for best class times
- Teach children aerial, circus and movement skills

### Office Experience

Doheny Endosurgical Center, Beverly Hills, CA 2007 - 2010

- Managed patient and doctor schedules, patient files and all customer service concerns as the receptionist and RN's assistant